

ENGLISH

Pupil's Book

Grade

5

Educational Publications Department

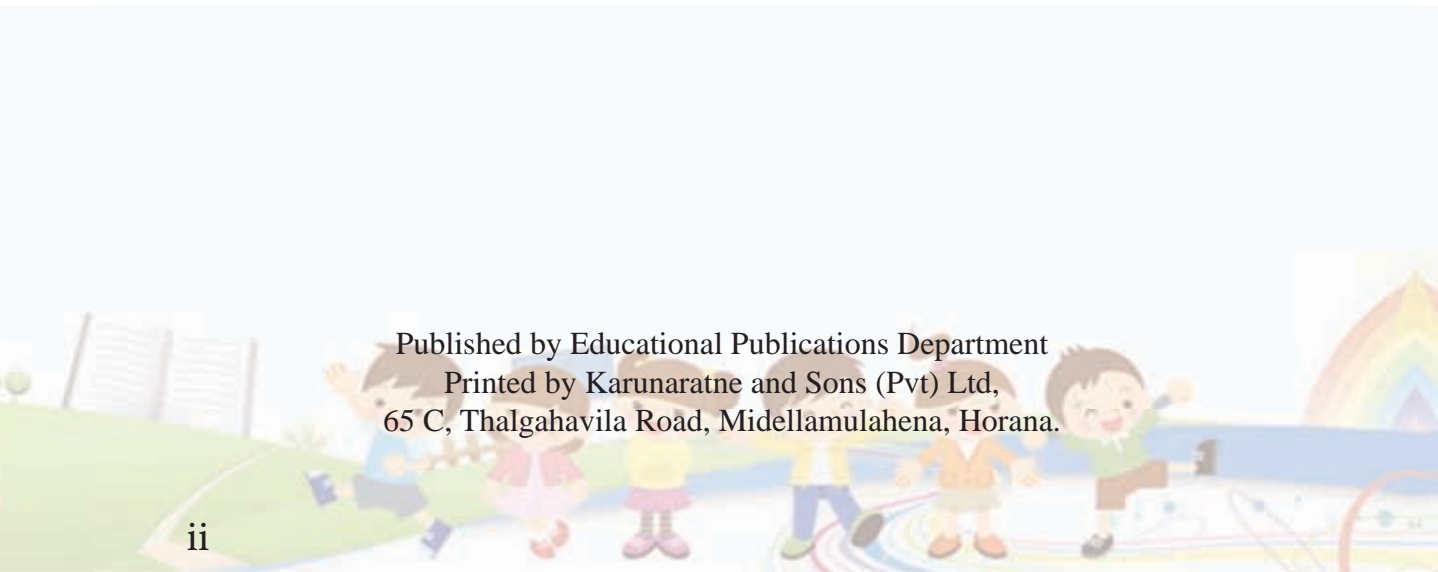


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The National Anthem of Sri Lanka

Sri Lanka Matha

Apa Sri Lanka Namō Namō Namō Namō Matha

Sundara siri barinee, surendi athi sobamana Lanka

Dhanya dhanaya neka mal palaturu piri jaya bhoomiya ramya

Apa hata sepa siri setha sadana jeewanaye matha

Piliganu mena apa bhakthi pooja Namō Namō Matha

Apa Sri Lanka Namō Namō Namō Namō Matha

Oba we apa vidya

Obamaya apa sathya

Oba we apa shakthi

Apa hada thula bhakthi

Oba apa aloke

Apage anuprane

Oba apa jeevana we

Apa mukthiya oba we

Nava jeevana demine, nithina apa pubudukaran matha

Gnana veerya vadawamina regena yanu mana jaya bhoomi kara

Eka mavakage daru kela bevina

Yamu yamu vee nopama

Prema vada sema bheda durerada

Namō, Namō Matha

Apa Sri Lanka Namō Namō Namō Namō Matha

அபி வெலு லக மலகறெ டுருவெர்
லக நலவசெநல வெசெநல
லக லலருநல லக ருடலருல வெ
அல கல துல டுலநல

லருலலநல அபி வெலு லுலுரு லுலுருலுலு
லக லுல லநல லுலுலு
லுலுலு லந அல லுலுலு லலவசு
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ருநு லுலு லுலு லுலு ல லுலு ல லுலுலு
கலல கல லுலுலு டுலுலு

அலநலு லுலுலுலு

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அலநலு லுலுலுலு
கலலுலுலு லுலுலுலுலு.





Being innovative, changing with right knowledge
Be a light to the country as well as to the world.

Message from the Hon. Minister of Education

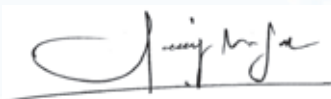
The past two decades have been significant in the world history due to changes that took place in technology. The present students face a lot of new challenges along with the rapid development of Information Technology, communication and other related fields. The manner of career opportunities are liable to change specifically in the near future. In such an environment, with a new technological and intellectual society, thousands of innovative career opportunities would be created. To win those challenges, it is the responsibility of Sri Lankan Government and myself, as the Minister of Education, to empower you all.

This book is a product of free education. Your aim must be to use this book properly and acquire the necessary knowledge out of it. The government in turn is able to provide free textbooks to you, as a result of the commitment and labour of your parents and elders.

Since we have understood that the education is crucial in deciding the future of a country, the government has taken steps to change curriculum to suit the rapid changes of the technological world. Hence, you have to dedicate yourselves to become productive citizens. I believe that the knowledge this book provides will suffice your aim.

It is your duty to give a proper value to the money spent by the government on your education. Also you should understand that education determines your future. Make sure that you reach the optimum social stratum through education.

I congratulate you to enjoy the benefits of free education and bloom as an honoured citizen who takes the name of Sri Lanka to the world.



Akila Viraj Kariyawasam
Minister of Education



Foreword

The world is modernized day by day. It is transformed every second. It is the education, which guides you to understand this phenomenon, preserve the good and confront the challenges of the changing world with strength. It is our objective to provide you with competencies required for you to work collaboratively with others, to adapt to the environment and the world of work, to spend the free time enjoyably and to become a citizen with a balanced personality.

The Educational Publications Department is dedicated to produce learning tools that would assist you to become a person with a balanced personality who would be able to develop positive relationships with national and international community.

By now, we have offered you about 25 types of textbooks from grades 1-4 under the new curriculum implemented from 2016. I would like to remind you that you should make the maximum use of these textbooks and protect them well. I wish you all the best to enter the future world with pride by developing your skills and potentials through the use of this new textbook that is introduced for 2020.

I would like to bestow my sincere thanks on the members of the editorial and writer boards as well as on the staff of the Educational Publications Department who have strived to offer this textbook to you.

W. M. Jayantha Wickramanayaka

Commissioner General of Educational Publications,

Educational Publications Department,

Isurupaya,

Battaramulla.

2019.04.10



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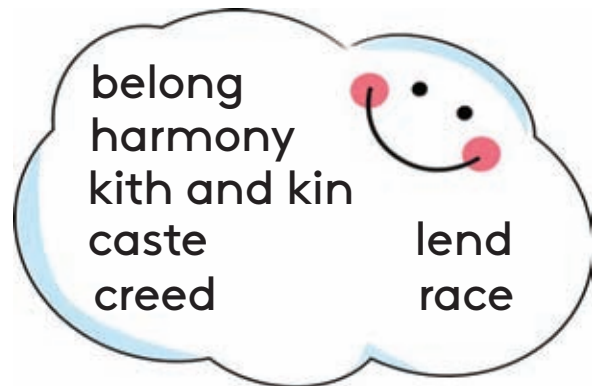




Our motherland Sri Lanka

Lesson 1

Let's sing.



This land belongs to you

This land belongs to you.

This land belongs to me.

This land belongs to all of us,
to live in harmony///.



Whatever the **race** may be
whatever the **caste** or **creed**
whatever the colour of our skin
we're all **kith and kin**.

North, South, East and West
the parts of one island,
to make it rich and beautiful
let's **lend** a helping hand.


<https://www.youtube.com/watch?v=6H933tPc0Zw>



Get the students to sing the song.

Lesson 2

Look and say.

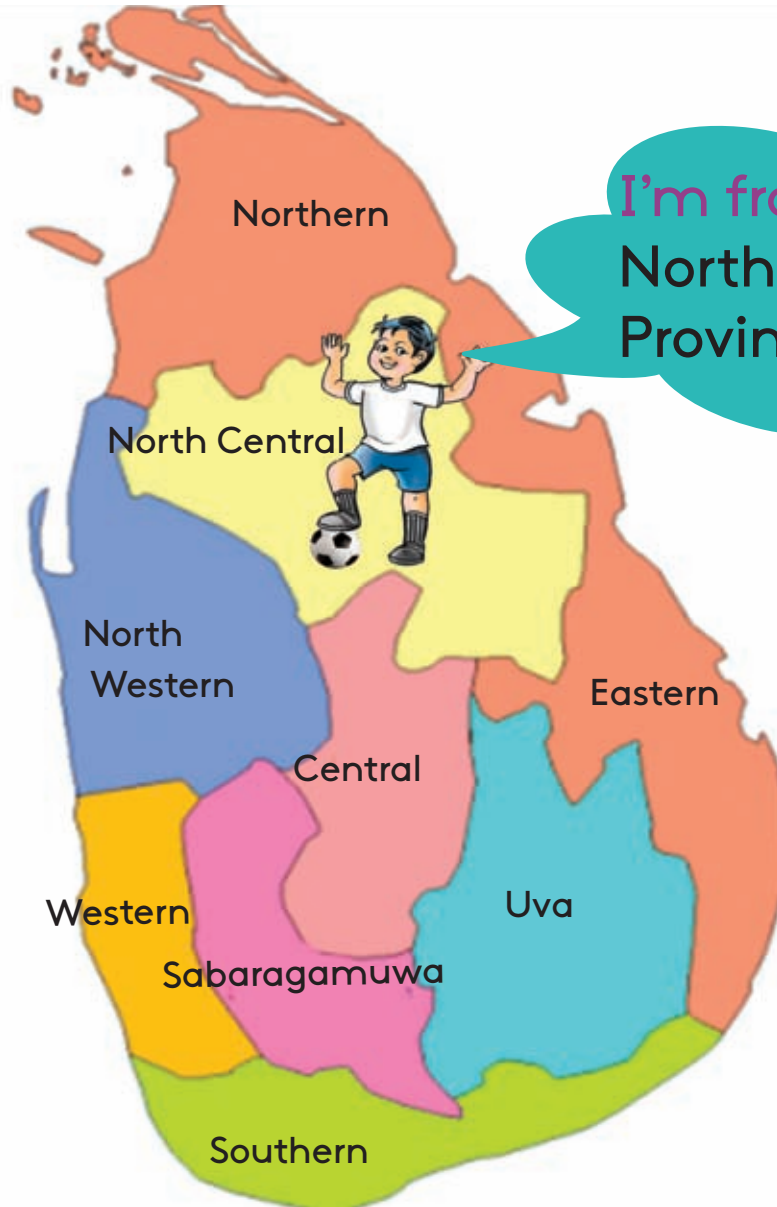


What
I'm from...
I take part in...
Where do you come from?

It's the National Junior Sports Festival. Senuri, Kumar, Nisal and Navaz are participating in it. They



are taking part in different games.
Nisal is at the registration desk.



I'm from the
North Central
Province.



Teacher : Good morning, what's your name?

Nisal : Good morning, sir. I'm Nisal.

Teacher : **Where do you come from?**

Nisal : **I'm from** Anuradhapura.

Teacher : **What's** your province?

Nisal : **I'm from** the North Central Province.

Teacher : **What's** your event?

Nisal : **I take part in** swimming.

Teacher : Well, good luck!

Nisal : Thank you, sir.



Introduce the nine provinces of Sri Lanka. Get the students to act out the dialogue.

Lesson 3

Read aloud.

waterfall

forest

harmony

ruins

island

zone

peace



We all love our country.

The national bird is the jungle fowl



Our country Sri Lanka, is a beautiful island.

It has many ruins.

The national flower is the Blue Water Lily.



It has a dry zone.
It has a wet zone.

The island's beach is beautiful.



There are many forests, mountains and waterfalls.



We live in our country in peace and harmony.





Get the students to read the sentences that describe Sri Lanka. Ask them to do the writing activity in the workbook.

Lesson 4

Listen and answer.



flour
staple
favourite

Ten students from Japan came to Sri Lanka. They visited Gajaba Vidyalaya. The students of Gajaba Vidyalaya welcomed them. They introduced Sri Lankan food to their Japanese friends.



Rice is our **staple*** food. We eat rice and curry. We make fish, meat, vegetables and green leaves.

These are hoppers. We make them with rice flour and coconut milk.

These are string hoppers. We make them with rice flour.

This is pittu. We make it with rice flour and coconut.



This is roti. We make it with coconut and **flour**.



This is dosai. It is my **favourite** dish. We make it with rice flour.

staple* food - main food



Prepare the students for listening. Give them the following questions before listening.

1. How many food items did you hear?
2. What are they?

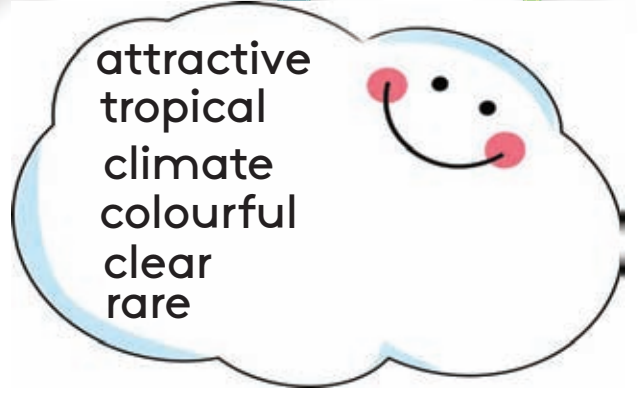
Now, read the conversation or act it out.



Lesson 5

Read and answer.

attractive
tropical
climate
colourful
clear
rare



The students of Ruhunu Vidyalyaya visited the Seethawaka Botanical Garden. This is a leaflet about it.

Seethawaka Botanical Garden





Seethawaka Botanical Garden is in Avissawella. It is in the Western Province. It has 106 acres of land. Its opening ceremony for visitors was in 2014. It has a **tropical climate**. There are many **rare** plants and trees in it. There are **attractive** flowers and colourful birds. There is a lake with **clear** water. Visitors can have boat rides in the river. The garden is open from 8.00 a.m. to 5.00 p.m. everyday for visitors.

1. Where is the Seethawaka Botanical Garden?
2. What is the area of the land?
3. When was the opening ceremony of the garden?



4. What can you see there?

5. When can people visit the park?

Lesson 6

Let's play a game.

Who can	Name of the student
speak Sinhalese and Tamil?	
say "thank you" in three languages?	
name all the nine provinces in Sri Lanka?	
name ten districts in Sri Lanka?	
name the national sport of Sri Lanka?	
draw the map of Sri Lanka?	



Get the students to practise asking questions using “Can you.....?”

e.g.: Can you speak Sinhalese and Tamil? Get the students to go around the class and gather information.

Ask them to report.

e.g.: Sandani can speak Sinhalese and Tamil.

Lesson 7



Read aloud.



chip ship shoes chest shirt



chin shovel chain shop chop



cheese sheep cherry shot child



chair shark cheek shake chocolate



chess shell chat shore change




church shadow chick share child



Get the students to throw a dice and read the words aloud. Do it in pairs or groups.

Lesson 8

Recite and enjoy.



good June
book flute

It's a good evening
full of happiness.
I took a book to read.
I put some firewood into the fire.
It's fine time.
I wouldn't want to get up.



I love June.

I can sing a song.

I can play the flute.

I am never rude.

I have a good mood.

I am a cool friend.

Let's play a game.



1. Ask the students to stand in two lines.
2. Place a chair in front of them at a distance.
3. Paste a word on the chair. Pronounce it aloud.
4. Then, read out words given below. Add more words.
5. Instruct the first student in each line to listen to the teacher and run to the chair and sit on it if it sounds like the word pasted on the chair.
6. The one who sits on the chair first is the winner.
7. Continue the game. Paste words with long vowels and with short vowels interchangeably on the chair.
8. Take the students out into the garden if possible to do this activity.

Get the students to recite the poem. For the game, use the following words with long and short vowels interchangeably. Add more words.

(shoes/put/look/boot/rude/shoot/book/cook/should/foot/glue/ruler/room/school/soon)



Nature is our friend

Lesson 1

Recite and enjoy.

shower
seed
earth
pat

hole
sow
grow



May Time Magic

A little seed
for me to sow.
A little earth
to make it grow.
A little hole,
a little pat,
a little wish,
and that is that.





A little sun,
a little shower,
a little while,
and then - a flower!

By : Mabel Watts



Recite the poem together with the students. Get them to act it out.

Lesson 2

Let's sing.



Trees, Trees, Trees

Trees, trees, trees

have roots and trunks and leaves.

Trees, trees, trees

have buds and fruits and seeds

a home for birds and bees

a home for nest of flying birds

a home for bees and brown bats

home for squirrels, bugs and snakes.



Trees give us all kinds of fruits
and wood for chairs - rubber for
boots.

They clean up the air and keep it
fresh, help us to breathe.

They need only sunlight, soil and
water.

Maybe a little love.

Trees protect us
let's protect them too!



Get the students to sing the poem. Ask them the following questions:

- What are the parts of a tree?
- Who lives in trees?
- What are the uses of trees?
- What do trees need?

Lesson 3

Point and say.





rainbow, island, waterfall, mountain, clouds, forest, field, sun, beach, moon, desert

1



2



3



4



5



6



7



8



9



10



11





What's in picture 1?

It's **a** waterfall.



What's in picture 2?

It's **the** sun.





What's in picture 11?



It's an island.



Ask the students to ask questions and answer in pairs. Pay attention to the articles 'a', 'an', and 'the'.

Lesson 4

Listen, answer and act out.

trick lie
villagers
shepherd
forest shout
wolf save



Shepherd Boy and the Wolf



There was a **shepherd** boy. He looked after a flock of sheep. He took the sheep to the **forest** every morning. He brought them back in the evening. One day he played a **trick** with the **villagers**. He **shouted**,

“Help, help, there is a **wolf**”.

All the villagers came to **save** the boy. They asked the boy,

“Where is the wolf?”

The boy replied,

“There is no wolf. It’s just a trick.”



The villagers were very angry.



The boy played the trick many days. One day a wolf really came. The boy cried for help. This time nobody came to help him. The wolf killed all the sheep. The boy never **lied** again.



Read the story aloud. Ask the following questions.


- Who looked after the sheep?
- Where did he take the sheep?
- Who were angry? Why?
- Did the villagers come in when the wolf had come?
- What did the wolf do in the end?

Get the students to act out the story.



Lesson 5

Listen and clap.



bee wheel
beep sheep
jeep sleep

Bee and sheep

Bee and sheep
got in their jeep.
They drove all night
and didn't sleep.



One wheel fell off
and rolled away.
They beeped the horn
the rest of the way.

*Adapted from
eepoem : Susan Jones*



Get the students to listen to the vowel sound /i:/ and clap.



Lesson 6

Let's play a game.



Scavenger Hunt Game-

Take the students out into the garden. Ask them to form groups of three. Then, give the group a list of things to find from the school garden. Give them some reasonable time to find the object and to report back. After they have returned, ask them to describe the things they have found.

- e.g. -
1. a round object
 2. something colourful
 3. something not heavy
 4. a plastic object
 5. something made of wood
 6. something yellow
 7. something green

Add more things. Use this activity to introduce new vocabulary to them.

Lesson 7

Read and match.

1



I

It walks slowly.
It has a house
on it.

A

bird



2



It has three lines on its back. It comes to eat fruit in our garden.

B

bee

3



III

It is an insect. It is small and green. It has two antennae.

C

squirrel

4



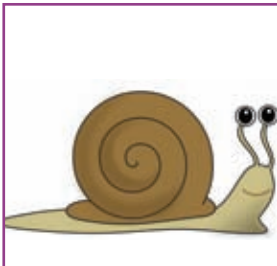
IV

It collects nectar from flowers. It lives in a hive.

D

snail

5



V

It has no legs. It lives in the soil.

E

frog



6



VI

It has wings. It can fly. It has a beak.

F

worm

7



VII

It has a green body. It jumps high up. It lives in a pond.

G

grasshopper

8



VIII

It lives in a web. It eats insects.

H

snail

9



IX

It has long ears. It likes to eat carrot.

I

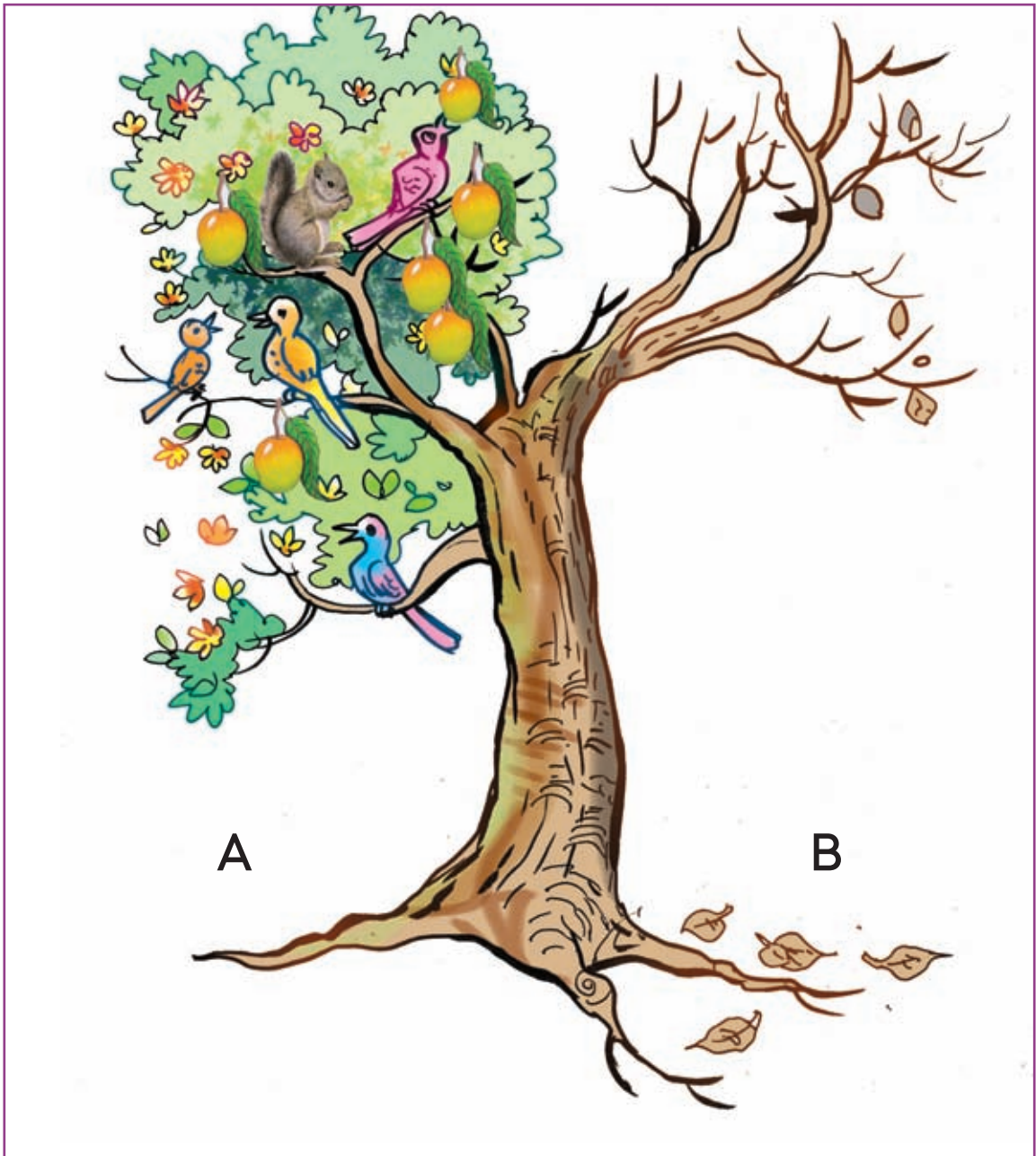
spider



Lesson 8

Read and sort.

A tree speaks





Ask the students to read the sentences and match them with the two sides of the tree marked as A and B.

I have fruit.

I don't have fruit.

Birds sit on me.

Squirrels play on my branches.

Birds eat my fruit.

My bark is dry.

I don't have flowers.

I give shelter.

There are no leaves on my branches.

Birds do not sit on me.

I have flowers.

I have dry branches.



Caring and sharing

Lesson 1

Sing, act out
and answer.



When it's sunny, I'm happy,
when it's rainy, I'm sad,
when it's lunchtime, I'm hungry,
time to eat, yummy!



When it's noisy, I'm **angry**,
when it's stormy, I'm **scared**,
when it's bedtime, I'm **sleepy**,
time to sleep, good night!

- It's sunny now. How do you feel?
- It's rainy now. How do you feel?
- It's noisy now. How do you feel?
- It's the lunchtime now. How do you feel?
- It's the bedtime now. How do you feel?



First sing the song and get the students to act it out. Then, ask them to describe how they feel in different situations. Add more situations.



Lesson 2



Look and say.

sweep

cook

water

wash

I sweep
the floor.



I help my
mother to
cook.





I water the plants.



We do the washing-up.





How do you help out around the house?



Get the students to read the sentences. Then ask the students to describe how they help with household chores and to share their responses. Elicit more verbs from them.

Lesson 3

Listen and do.

Kumar is not well. His friends are making a Get-Well Soon card for him.





You need:

- a piece of Bristol board in any colour/cardboard/disposable milk powder carton
- dried petals and leaves
- a pair of scissors
- glue
- coloured pencils

Method:

1. Take the piece of Bristol board, cardboard or carton.
2. Cut it in any shape.
3. Paste the dried flowers and leaves.
4. Colour or draw any design.
5. Write “Get-Well Soon” at the top of the card.
6. Write a message to your friend inside the card.




Get the students to bring the necessary materials to prepare the card. Give them instructions on how to make the card.

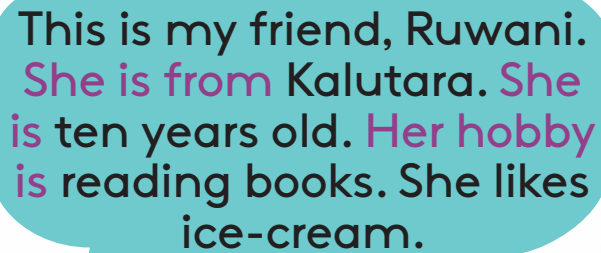


Lesson 4

Let's play a game.



This is...
He/she is from
He/she is
His/her hobby is...
He/she likes



This is my friend, Ruwani.
She is from Kalutara. She
is ten years old. Her hobby
is reading books. She likes
ice-cream.

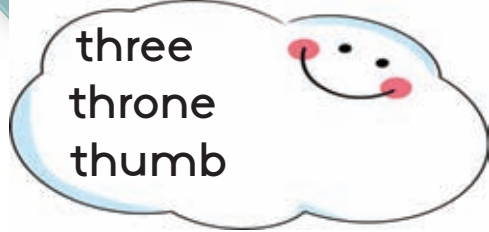


Get the students to stand up and move around. Ask them to talk to a friend and share personal information as given above. Get them to introduce his/her friend. Add more information.



Lesson 5

Read aloud.



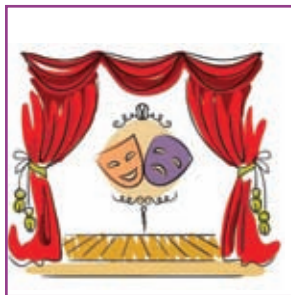
thumb



three



throne



theatre



throw



Get the students to read the given words aloud. Ask them to find more words starting with “th”. Ask them to read aloud the words they found. Do it as a group work.

Lesson 6

Read and answer.



prefect
celebrate
donate
donation

Notice

The 50th birthday of our school is in July. We will **celebrate** it on 31st July. We will make a donation to a Children’s Home. We collect school supplies for it. Please bring books, pencils and school bags. We will **donate** them and celebrate our birthday.

Contact your class **prefect** for more details.

Junior Prefects’ Guild



1. When is the birthday of the school?
2. Where do they make the donation to?
3. What do they collect?
4. What can the students bring for donation?
5. What would you like to donate to a Children's Home?

Lesson 7

Read aloud.



farm



garden



guitar



market



park



star

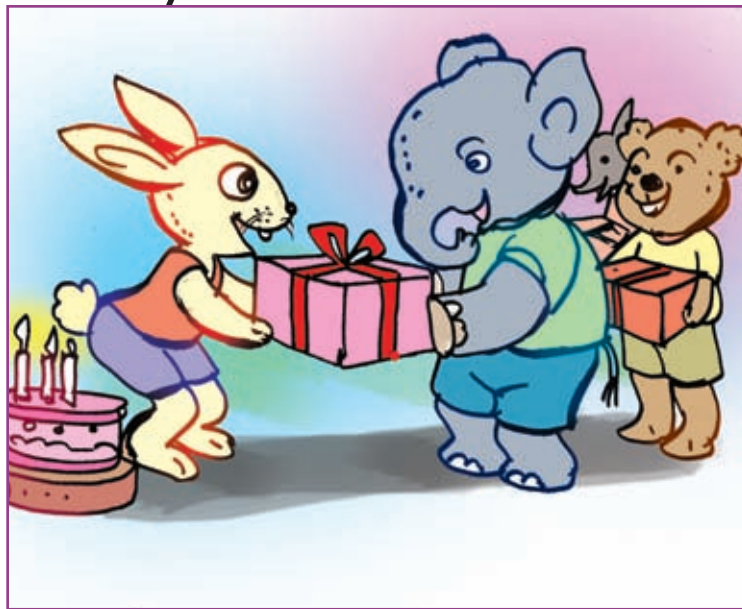


Lesson 8

Read and answer.

he it
they me
his your
them you

There was a rabbit. Its name was Bunny. **His** birthday was last Monday. **He** got a lot of presents. **His** friends played with **him**. But, **he** didn't share **his** new toys with **them**.



- “Shall **we** play with **your** new toys?”
- “No, **they** are mine. I can't give **them** to **you**.”



His friends were very sad. They went away. They never played with Bunny. They played outside. Bunny was alone. He could not play with his friends. He



played alone in his room. He was sad. He wanted his friends. He called them.



“I’m sorry. Please come to play with me.”

His friends came back. He was very happy. He shared all his toys with them.



True or false?

1. The rabbit's name was Kim.
2. He got many presents for his birthday.
3. At first, he shared his toys with his friends.
4. His friends were very sad.
5. He played outside with his friends.



Let's celebrate

Lesson 1

Read and answer.





- What do you celebrate at home?
We/I celebrate.....
- What do you celebrate at school?
- What do you celebrate in Sri Lanka?



Ask the students to look at the picture clues of different celebrations. Ask them to guess them. Then, ask the students the above questions. Add more questions of your choice.

Lesson 2

Read and answer.

Children's Day Celebrations – 2020

Come and join us for a day of fun!

Singing, storytelling, gift exchange,
games and food

Date: 01 October 2020

Time: 10.00 a.m. – 12.00 noon

Venue: School Main Hall

Organized by

Senior Prefects' Association

Gemunu Vidyalaya



- The children's day celebration is on
- It is from
- It is at
- The items are,
story telling,
and

Lesson 3

Read and answer.



The students of Gajaba Vidyalaya made a presentation on Sri Lankan festivals.



Thai Pongal is a Hindu festival. It is in January. We thank the Sun God. We wear beautiful clothes. We go to kovil. We make pongal rice. We draw kolam in front of the **doorstep**.



Vesak is in May. It is a Buddhist **festival**. We wear white clothes. We go to temple. We **observe** sil. We organize dansal. We give **alms**. We make colourful **lanterns** and beautiful **pandols**.





Muslims

celebrate Ramadan.

We fast for one month.

We break the fast when we see the new moon. We go

to mosque to pray. We wear new clothes. We visit relatives and friends.

We prepare **delicious** food.

We share them with friends and relatives.



Christmas is in December. We

decorate Christmas trees. We wear beautiful clothes. We go to

church and **pray**. We sing carols. Santa Claus brings us gifts.



1. Hindus draw in front of the doorstep.
2. Buddhists give for Vesak.
3. Muslims break when they see the new
4. Santa Claus brings for children.

Lesson 4

Let's sing.

Celebrate good times, come on//
There's a party going on right here
a celebration to last throughout the
year.

So bring your good times and your
laughter too.

We're going to celebrate your party
with you.



Come on celebration
Let's celebrate and have a good
time.

We're going to celebrate and have a
good time.

It's time to come together.
It's up to you, what's your pleasure?
Everyone around the world come on!

Adapted from: <https://www.youtube.com/watch?v=8Lu41LulQos>

Lesson 5

Read, ask
and answer.



The students of Gajaba Vidyalaya
went to Kandy. They went to see the
Kandy Perahera. They wrote about it
for the class wallpaper.



The Kandy *Perahera* is a beautiful pageant. It is in August. King Keerthi Sri Rajasinghe started it first.

First, you hear the whip crackers cracking their whips. They lead the *Perahera*. The flag bearers, sword carriers and fireball acrobats come next. *Peramunerala* and *hewisi troupes* follow them. Some *Nilames*, drummers and Kandyan dancers are next in line. The Kandyan dancers add beauty to the *Perahera*.



The tusker carries the Sacred Tooth Relic. The *Diyawadana Nilame* and other *Nilames* follow the tusker. Over a hundred elephants take part in this event. The four *Dewala Peraheras* go after that. The *Perahera* lasts for more than three hours. People around the world come to see it.



Read the text aloud to students. Ask them to get into groups of five and make questions for highlighted sentences. Then each student should go around the class and interview two students and record their answers.



Lesson 6

Read and
answer.



Anya de Saram-Larssen is a thirteen-year-old girl. She lives in Colombo. She is a young **eco-hero**. She **received** the International Young Eco-Hero **Award** in 2018. She tried to **solve** the human-elephant **conflict** in Wasgamuwa. She received this award for that.

She **raised funds** for an “ele-friendly bus”. It now **transports** children **safely** to schools. Earlier, they walked to school. Sometimes, they **came across** dangerous elephants.



In rural areas, elephants come to villages looking for food. Children cannot go to school because of this problem. Anya says, “Elephants are **valuable**”. “We must protect them.” She is trying to educate people how to live together with elephants.

- What is the name of the girl?
- How old is she?
- Where does she live?
- What did she receive?
- When did she receive it?
- Earlier, why couldn't children go to school?
- How do children go to school now?



Read the text aloud to students. Ask them to answer the questions orally. Draw their attention to the question words.



Lesson 7

Listen and say.

1



2



3



4



5



Do the listening activity given at the end of this unit. Ask the students to select the picture that matches each description.



Lesson 8

Recite and enjoy.

Look at that hat
on the cat
who sat on the mat
I want that hat.

Shall I play
outside today?
The sky is gray
I will go another day!



Get the students to read the poem aloud. Then do the following game.

Leaf pasting game:-

Make 40 leaves cut out of Bristol board. Write 20 short and 20 long vowel words on them. Use the vowel sound focused in the poem. Put them in a box. Take the children out of the class. Divide them into two groups. Take two Bristol boards and paste one word with the short vowel given in the poem on one board and a word with the long vowel in the poem on the other. Ask one member of each group to come and select a word, read it and paste it on the correct board with the similar sounding word. Once they all have finished pasting, the teacher can check. For each correct word, the teacher can paste a green dot. The team that gets the highest number of green dots will win.



Listening Text - Lesson 7

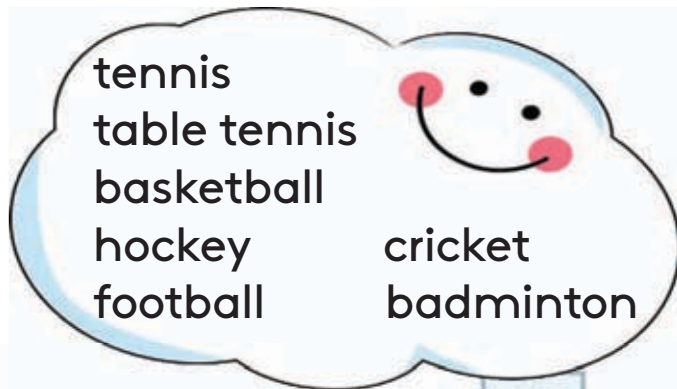
- This is a Chinese festival. It marks the end of the Chinese New Year. On this day, children go out and carry paper lanterns. They solve riddles on lanterns.
- People celebrate it on 1st of May. It's a public holiday. It's a celebration of the working people. There are celebrations in many countries.
- We celebrate Halloween on 31st of October. It's a fun holiday for children. On that day, children dress up in costumes. They go from door to door asking for treats.
- People all over the world celebrate it on the 1st of January. At midnight, there are fireworks. We wish our friends and family a happy new year.
- We celebrate Independence Day on 4th of February. Sri Lanka gained independence on this day. It's a national holiday. People celebrate it all over the country. There are ceremonies, dances, parades and cultural events.



Let's enjoy sports

Lesson 1

Look and say.





1)

2) ..table tennis.....

3)

4)

5)

6)

7)



Point at each picture and ask the students to name the game.



Lesson 2



Read and answer.

favourite
champions
national
player

shooter
best



Sonia : What are you looking at?

Waruni : It's a picture of our netball team.

Sonia : Really! Netball is my favourite game.

Waruni : They're the 2018 Asian Champions.



Sonia : Who is that tall **player** behind?

Waruni : She's Tharjini Sivalingam.

Sonia : She is very tall !

Waruni : She was the world's **best shooter** in 2011.

Sonia : Hurrah! It's our **national team**.



Get the students to read/enact the dialogue. Ask the following questions.

- What is your favourite game/sport?
- With whom do you play?
- Who is your favourite sports person?
- What sports are there in your school?

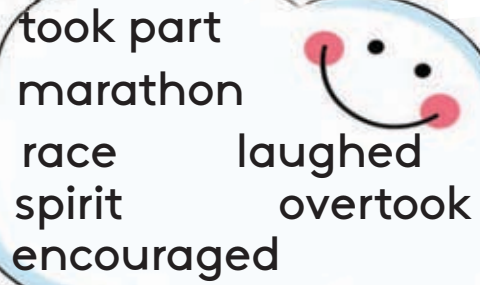
Ask more questions.



Lesson 3

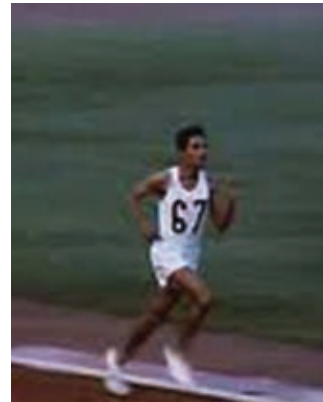


Read and answer.



took part
marathon
race laughed
spirit overtook
encouraged

Kumar made a speech about his favourite sportsperson.





This is Marathon Karu. His name is R. J. K. Karunananda. He was a “lucky loser”. He **took part** in the **Marathon race** at the 1964 Olympics. He was ill that day. But, he ran the race. Other runners soon **overtook** him. But, he did not give up. He finished the race alone. Some people **laughed** at him. Others **encouraged** him. He did not win. But, he won the hearts of many people. He showed the real **spirit** of sports.

“Not to win but to take part.”



- Kumar's speech is about
- He was a.....
- He took part in the
- He the race.
- He showed the of sports.

Lesson 4

Read aloud.



100 m running is the 1st event. The 2nd event is the sack race. All participants, please report to the ground.

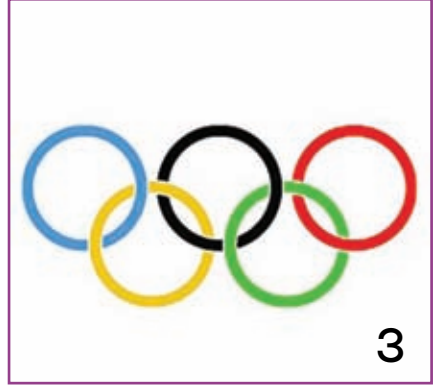




Introduce the ordinals from 1st to 31st.

Lesson 5

Read and match.





Olympic rings
an athlete
a torch
a medal
Olympic flag
podium

Lesson 6

Read aloud.

Bug is on a rug
run, bug, run!
Bug is on a mug
run, bug, run!
Bug is on a tub
run, bug, run!
Run! Run!



Lesson 7

Read aloud.



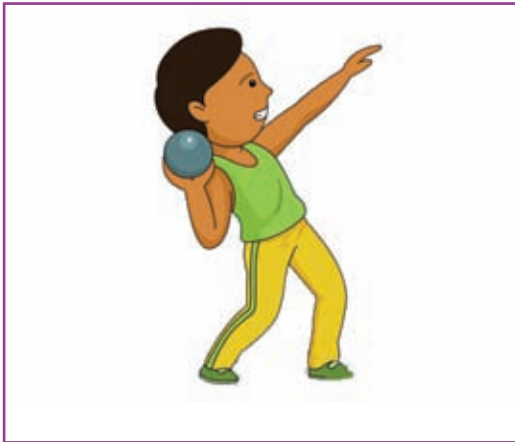
They are kicking
the ball.



He is batting.



They are passing the ball.



He is throwing the shot put.



They are hitting the shuttlecock.



He is riding a
bicycle.



She is skipping
a rope.



Lesson 8

Let's sing.

Come let's play.
Come have fun.
Sports and games
make us alive.

Passing the ball.
Blocking the ball.
Shooting the ball.
That is netball.

Throw the ball.
Catching the ball.
Run through wickets.
That is cricket.

Cheering, cheering.
At last peering.
Tears and smiles
last for a mile.

Sports give strength.
It gives fun.
Loads of smile.
Freely given.



Healthy living

Lesson 1

Read and match.



1



2



3



4



5



6

wake up early in the morning

make your bed

have a glass of water

brush your teeth

wash your face

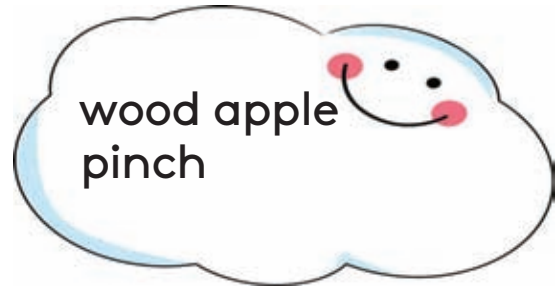
have a healthy breakfast



Ask the students to look at the pictures and match them with the given phrases.

Lesson 2

Let's make wood apple juice.



You need:

- two or three ripe **wood apples**
- one cup of coconut milk
- five tea-spoons of sugar
- a **pinch** of salt
- two glasses of water

Method:

- Break the wood apples.
- Put the flesh into a bowl.
- Add coconut milk, water and sugar to it.
- Blend it well.



- Add salt to taste.
- Drink it fresh.



Lesson 3

Point and say.



I'm
a **doctor**. I
treat patients.



I'm
a **sweeper**.
I keep the
environment
clean.



I'm
a **nurse**.
I look after
patients.



I'm
a
pharmacist. I
sell medicine.



I'm
a **dentist**. I care
for your teeth.





Lesson 4

Look and say.

headache
toothache
sprained
ankle
stomach ache



I have a
headache.



I have a
stomach ache.



I
cut my
finger.



I have a
toothache.



I sprained
my ankle.

Lesson 5

Read the riddles and find answers.

(grape, banana, milk, carrot, coconut)

I am crunchy.
Rabbits like to eat me.
I grow in the ground.
Who am I?



I am green or purple.
I grow on vines.
I come in bunches.
Who am I?

I have a brown shell.
I am oval.
I grow on palm trees.
Who am I?

I am yellow and long.
I am a fruit.
Monkeys eat me.
Who am I?

I am white.
You can drink me.
I come from cows.
Who am I?



Lesson 6

Look and say.



- I'm Vitamin A.
- I help you to see well.
- You can find me in fish, mangoes, eggs, cheese and carrots.



- I'm
- to be energetic
- meat, brown rice, milk, beans and avocados



- I'm
- to keep your gums healthy
- guavas, lemons, papayas, oranges and strawberries



- I'm
- to have strong bones and teeth
- salmon, cheese, egg yolk, soy milk and cereals



- I'm
- to protect yourself against viruses
- peanuts, avocados, salmon and bell pepper



Lesson 7

Look and match.

Wash your hands before/after.....



1



2



3



4



5



6

- a sneezing or coughing
- b before eating
- c touching a wound
- d playing with pets
- e playing outside
- f using the toilet



Lesson 8

Look and say.



1



2



3



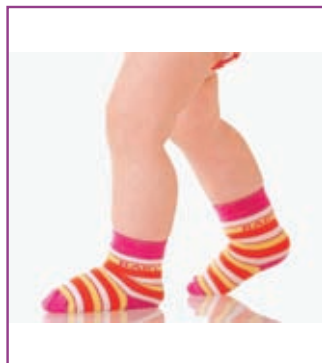
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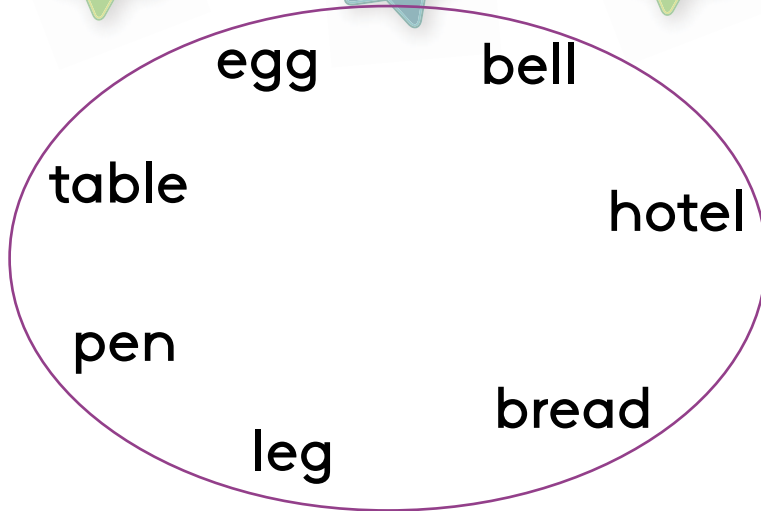
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6



7



Ask the students to identify the pictures and name them. Ask them to read the words aloud.



A day at the fair

Lesson 1

Act out.

pumpkin
bundle
change



Senuri is at the Sunday fair with her mother.





Mother: How much is a kilo of
pumpkin?

Vegetable seller: Fifty rupees a kilo.

Senuri: Mother, shall we buy some
Kohila? They look fresh.

Mother: Yes. How much is Kohila?

Vegetable seller: Ten rupees a bundle.

Mother: A kilo of pumpkin. A bundle
of Kohila too, please.

Vegetable seller: Anything else,
madam?

Mother: No, thank you.

Vegetable seller: That'll be sixty
rupees.

Mother: Here's hundred rupees.

Vegetable Seller: Here's your change
of forty rupees.
Thank you, madam.



Practise with your friend.

How much
is

It's
rupees.



sixty

seventy

eighty

ninety

one hundred



Count from 1 to 100.

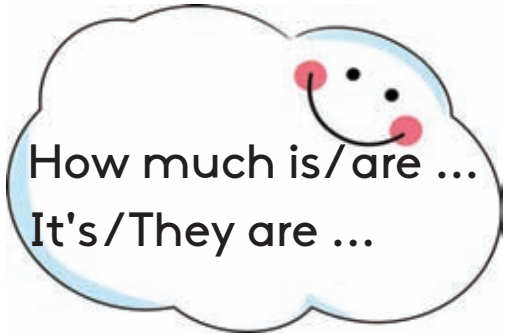




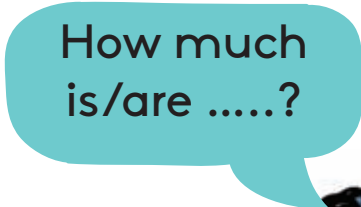
Students can practise the conversation in groups of three. Get the class to count from 1 to 100 taking turns. Get the students to do lesson 1 in the workbook unit after practising the above lesson.

Lesson 2

Let's organise a fair.



Make your own money. Have a fair in the classroom.





stationery



vegetables



fruit



groceries



Group the students and get them to trace paper money and coins. If possible, get them to prepare some items (greetings cards, origami paper creations, etc.) for the fair. Assign the roles of sellers and customers and get them to act out.



Lesson 3



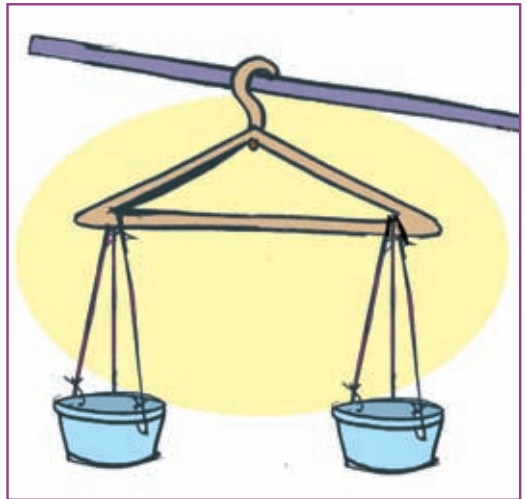
cut
punch
insert
tie
hang



Let's make a pair of scales.

You need:

- a clothes hanger
- a ball of yarn
- 2 paper or plastic cups
- a hole punch

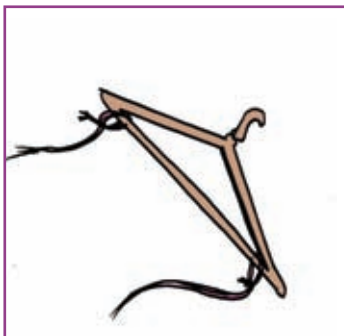




Method:

- **Cut** six long pieces of yarn.
- **Punch** three holes on the sides of each cup.
- **Insert** the yarn through the holes.
- **Tie** the yarn to the cups.
- Tie the other ends of the yarn to the hanger.
- **Hang** the pair of scales on a bar or a door knob.

Your pair of scales is ready.





Lesson 4

Re-arrange
and read
aloud.

Where is
He/She/ They
is/ are....

He/She/They is/ are+ verb+ing



- **Where is Dasun and his mother?**
They are at the pharmacy.
- **What are they doing?**
They are buying medicine.

I. is / where / Mr. Jayasiri/?

II. bank/at/he/the/ is/.

III. is/what/doing/ he/there/?

IV. depositing/he/ some/is/money/.





- I. is/Nizam/where/?
- ii. bookshop/is/he/the/at/.
- iii. doing/he/what/is/?
- iv. buying/he/a/is/story book/.



Help students to read out the questions and answers meaningfully.

After the lesson, get the students to attempt lesson 4 in the workbook. Write example sentences on the blackboard. Get the students to pay attention to the capitalization, question mark and full stop before engaging in the workbook activity.

Lesson 5

Read the poster and complete the table.



"Let's Read" BOOK FAIR

Come and buy your favourite
story books
on Saturday, 23rd September
from 8.00a.m. to 6.00 p.m.
at the Public Library

*Big Discounts
(Buy one and get one free)*

Entrance Free



Name of the book fair:	
Date:	
Time:	
Place:	



Use visual clues to get the students to guess what the poster is about. Help them understand key vocabulary (event, date, time, place etc.) After the lesson, get the students to attempt lesson 5 in the workbook.

Lesson 6

Let's play "Classroom Shopping".



Students are going to walk around the classroom having shopping conversations with other students and buying objects with money.

You'll need some toy money for this game.

Start by telling everyone they must put three of their personal items on the table in the front of the class. Anything will do – pens, books, pencils, rulers etc. Then take out the shopping bags and randomly put the students' items into the bags, so that each bag has three different items in them. Make sure students don't see which bags you put their items in.

Now, give each student a bag and ask them to look inside their bag. If anyone has any of their own personal items in their bag they must bring them back to the table at the front, and then put them in different student's bags. The idea is to make sure each student has a bag with three items in, none of which are their own.

Tell students that they must find their items and buy them back!

Divide the toy money so that everyone has the same amount.



Lesson 7

Read the poem aloud.

Popcorn

Pop, pop, popcorn,
popping in the pot!
Pop, pop, popcorn,
eat it while it's hot!
Pop, pop, popcorn,
butter on the top!
When I eat popcorn,
I can't stop!

By Helen Moore



Read these words aloud.

- pop
- pot
- hot
- top
- stop
- corn



Ask the students to think and say more words that rhyme with the above words.

Read aloud.

hop
not
frog

horse
north
form



Use this poem to introduce short and long 'o' sounds. (ɒ and ɔ:)



Lesson 8

Let's play a game.

20 FINISH 	19 Say "quack quack" like a duck.	18 photograph	17 question	16 telephone
11 dolphin	12 quick	13 Count from seventy to eighty.	14 trophy	15 quilt
10 quail	9 alphabet	8 quarter	7 Say "forty four."	6 pharmacy
1 START	2 quill	3 elephant	4 queen	5 Jump up quickly.



Throw a dice and pronounce the words aloud. Get the students to play the game in groups.



Listening Texts - Workbook Unit 7

Lesson 2

Listen to the announcement and match.

Visit our supermarket today and get big discounts. A bottle of fresh milk is only 60 rupees. A ripe avocado is only 15 rupees. A jar of honey is 100 rupees. Our special chocolates are 85 rupees each. Freshly baked cake is 42 rupees a piece.

Lesson 3

Listen and circle the pictures.

Welcome to “Green Garden” Sunday Fair. All our fruit and vegetables are organic. We don’t add any pesticide to grow them. Today we have special discounts for cucumber and ladies’ fingers. We also have fresh baby bitter gourds. They are very good for your health. Don’t forget to visit our fruit juice stall. Today’s special is mixed fruit juice. Now you can buy fresh milk and yoghurt from our Dairy Corner. Enjoy your visit. Thank you.



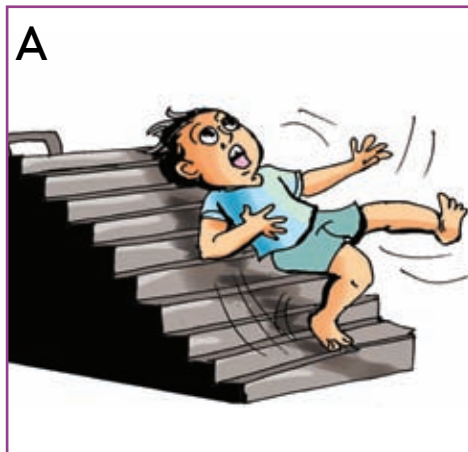
Safety first

Lesson 1

Match and read
aloud.



Let's be safe.



Don't **climb** on
furniture.



B



Don't **tease** your pets.

C



Don't run on **stairs**.

D



Don't play with **sharp** tools.

E



Don't leave small objects on the floor.



The teacher can read the text and discuss avoiding accidents at home. Discuss reasons why the students should not do the above mentioned things. E.g. They should not leave small objects on the floor as their little brothers and sisters could put them in their mouths. The students can do the matching activity in groups/pairs depending on the number of students in the class. This activity can also be used for loud reading. Teach vocabulary.

Lesson 2

Act out.

Teacher: Good Morning, children!

Students: Good Morning, teacher!

Teacher: Where's Nisal? Is he absent?

Senuri: No. He went for sports practices. Oh! Here he is.

Dasun : Excuse me teacher, may I come in?

Teacher: Of course. Children, do you have sports practices every day?



Students: Yes, teacher.

Teacher: Alright. Drink a lot of water. It's hot these days.

Dasun: Yes.

Teacher: Well, best of luck with your events, children.

Students: Thank you, teacher.

True or false?

1. Nisal went for sports practices.
2. Nisal is absent.
3. The students have sports practices every day.
4. The teacher said "It's rainy these days."



Teacher can take the role of the teacher and assign the other roles to groups or to individual students. Familiarize the students with the greetings and wishes used in the conversation.



Lesson 3

Read aloud.

plenty of water
warm up
warm down
protective gear
knee guards



Let's avoid sports injuries

- Drink **plenty of water**.
- Do **warm up** and **warm down** exercises.
- Wear **protective gear** such as helmets and **knee guards**.
- Do not play when you are not well.
- Follow the rules of the game.



Lead a discussion with students to emphasize the importance of these instructions. Explain how not following these instructions can lead to injuries. Stress the value of playing according to the rules and how it can avoid unnecessary problems. Ask them to come up with more instructions. Get the students to do the corresponding workbook activity after this.



Lesson 4

Look and say.



Safety Everywhere

Speak about these people.



Father is driving the car.
He **is wearing** the **seat belt**.



sister/riding/
bicycle/a
helmet



mother/
carrying/hot/
pan/**mittens**



grandmother/
gardening/
hat/**gloves**



brother/playing/
cricket/a
helmet/gloves/
pads



mittens - worn in the kitchen to protect the wearer's hand from hot objects.



Emphasize the importance of personal protective equipment (PPE). Help students with difficult vocabulary and the structures. Get the students to speak 1 or 2 sentences in groups.

Lesson 5

Let's sing.

Traffic Light Song

Tune: Where is thumbkin?

Where is red light?
Where is red light?
Here I am. Here I am.
Tell us what you say, sir.
Tell us what you say, sir.
I say stop! I say stop!





Where is yellow light?

Where is yellow light?

Here I am. Here I am.

Tell us what you say, sir.

Tell us what you say, sir.

I say ready! I say ready!

Where is green light?

Where is green light?

Here I am. Here I am.

Tell us what you say, sir.

Tell us what you say, sir.

I say go! I say go!

Red says stop, yellow says ready,

green says go, green says go.

These are traffic signals, these are traffic signals,

that we know, that we know.

<https://www.pinterest.com/pin/507499451734120003>



Draw traffic lights and distribute them among students. Get the students to hold them up and imitate actions while they sing.



Lesson 6



Read and match.

parking

slippery road

pedestrian crossing



Dasun and his father are going to hospital. They are travelling in their three -wheeler.


Dasun: Father, why did you stop the three-wheeler?



Father: There's a . People are waiting to cross the road.

Dasun: Ok. What is that sign?

Father: That sign says . We must drive carefully.

Dasun: Yes. Look! That's the  sign.



Father: That's right, Dasun. There's

the  sign. Let's find a place to park.

Dasun: The  sign is over there. We can park under that tree.

Father: That's great!

1. parking
2. slippery road ahead
3. hospital
4. pedestrian crossing
5. don't blow the horn

Lesson 7

Read aloud.





All my
orchids
are fallen.

Rohan had a
fall this
morning.

Sort and
order all the
forks.



board horn port short force
orbit row rock boss rod knob
stop hop moss

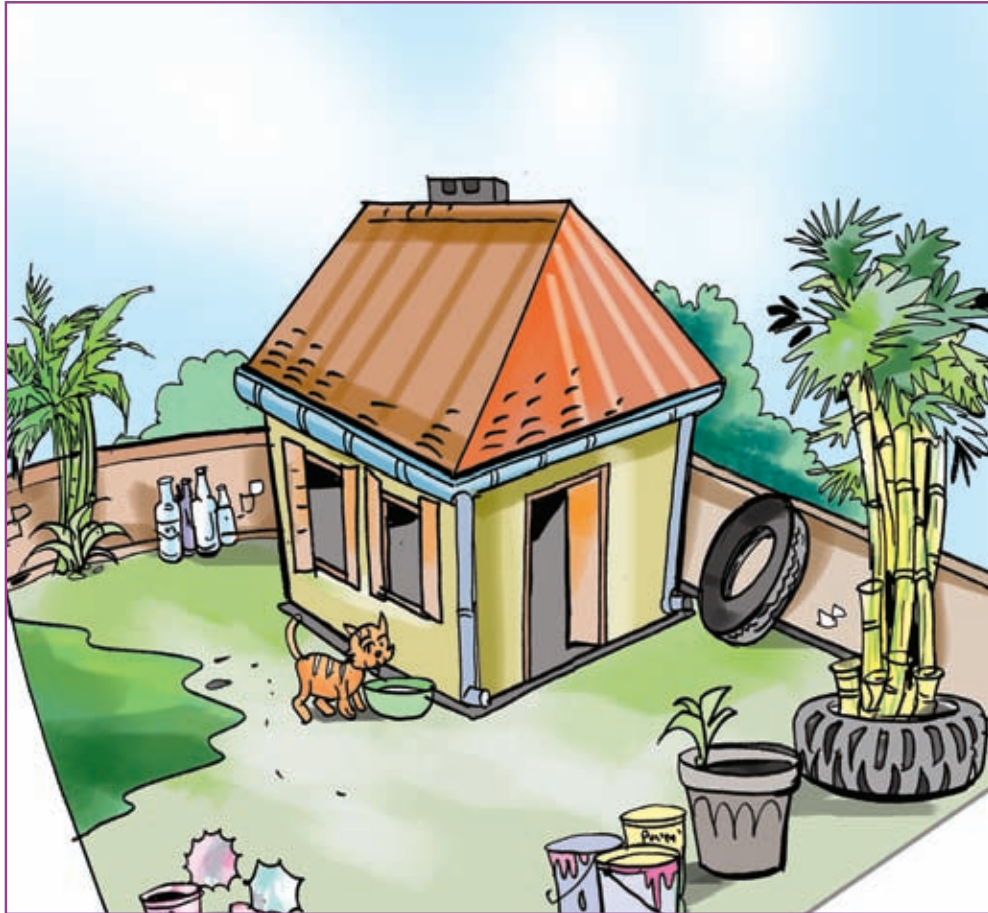


Use the tongue twisters to teach /ɔ:/ sound. Write a word with /ɔ/ sound on the blackboard and label it 1. Write a word with /ɔ:/ sound and label it 2. Read the above words aloud one by one. Get the students to shout 1 or 2 according to the sound.



Lesson 8

Look and find.



e.g: - There is a tyre.



Ask the students to look at the picture and name things that should be removed to prevent mosquito breeding.



Around the world

Lesson 1

Let's sing.

Ayubowan
 Vanakkam
 As-salamu alaykum
 Hello
 Bonjour
 Good day

Konnichi wa
 Shalom



Ayubowan, Vanakkam, As-salamu
 alaykum

Hello to my friends!

We live in different places around Sri
 Lanka,

we speak in different ways.

Greetings are different,

we're children just the same,



and we all like to sing and play,
and we all like to sing and play.

Hello, Bonjour, Ayubowan,
good day, Vanakkam, Konnichi wa
As-salamu alaykum, Shalom.
Hello to my friends around the
world.

We live in different places
we speak in different ways,
greetings are different.

We're children just the same.
And we all like to sing and play
and we all like to sing and play.



Adapted from: <https://www.youtube.com/watch?v=GpTR1wF4M6k>



Sing the song and get the students to repeat. Finally get the students to sing in groups with suitable actions.



Lesson 2

Read and find.

- The name of our planet.
- The number of countries in the world.
- A famous place in the world.



This is the planet Earth.

There are oceans on Earth.

There are many people in the world.

They are different.



This is the map of the world.

There are 195 countries in the world.



There are famous places in the world.

Taj Mahal is a famous place in India.

These are the flags of different countries.





Pre-teach the key words.

Discuss the pre-questions before focusing on the text.

Then guide the students to read the text.

Take them to the library or the computer room to find out more facts about the world.

Lesson 3

Read aloud.



Sri Lanka

Ayubowan! Vanakkam!
We are from Sri Lanka.
We are Sri Lankans.



Namaste!
We come from ...
..... Indians.





Konnichi wa!
We come from ...
..... Japanese.



Japan

Aweh!
We are from...
..... Africans.



Africa



Hi!
I'm from.....
I'm American.

The United
States of
America



Hello!
We are from.....
..... English.



The United
Kingdom



Act out.



Hello! I'm Mary.
I'm from
England.

Konnichi wa!
I'm Yashumi.
I'm from Japan.

Nice to meet
you.

Nice to meet
you too.



Introduce the countries using a globe. Decorate the class with different flags.

Get the students to dress up representing different countries. After you introduce the lesson, get them to mingle round the class greeting each other.



Lesson 4

Recite and enjoy.

The Squirrel

Whisky. Frisky.

Hippity hop.

Up he goes
to the tree top!

Whirly, twirly
round and round.

Down he scampers
to the ground.

Furly. Curly.

What a tail.

Tall as a feather.

Brood as a snail.

Where's his supper?

In the shell.

Snop. Cracky
outfit fell.



Anonymous



Get the students to read the poem aloud.



Lesson 5

Read and answer.






Google

All Images Videos News Maps More Settings Tools

About 6,290,000 results (0.38 seconds)

Videos

She performs 'Darci Lynne and Friends Live' shows with her puppet characters

- Petunia - A singing white rabbit
- Oscar - A Motown mouse
- Edna Doorknocker - A naughty old lady
- Katie - A sassy cowgirl
- Okie - A yellow duck
- Scarlett - A sassy fox
- Ace - A big brown monkey
- Nigel - A very smart British bird

Darci Lynne Farmer

Darci Lynne Farmer
is a girl of many talents. She was born on 12th October 2004, Oklahoma City in United States. Her mother is Misty Farmer. Her father is Clark Farmer. She attends Deer Creek Middle School in Edmond, Oklahoma.
 She loves singing. But she was shy. She was afraid to perform in front of an audience. She used puppets to overcome her shyness. She can make her voice come out from a dummy of a person or animal. She has won many awards in International Competitions.



Say 'yes' or 'no'.

- Darci has won many international awards.
- She can't sing.
- Her birthday was on 12th October 2004.
- She was not shy.
- She gives voice to puppets.
- She has eight puppets.
- Petunia is a singing white rat.

Lesson 6

Listen, enjoy and act out.

It was a Saturday afternoon. Dasun was reading a book about the Mount Everest.

“I want to climb the Mount Everest,” he told his mother.



His brother and sister laughed at him. Next morning, he woke up at six o'clock. He started to pack a bag. He took some clothes out of the cupboard.

He went to the kitchen. He took some sweets and a bottle of water.

He went to the door.

“Where are you going?” his mother asked.

“To climb the Mount Everest,” he said.

“Alone?”

“Yes,” he said.

“You're a brave boy my dear. But you're only seven.”

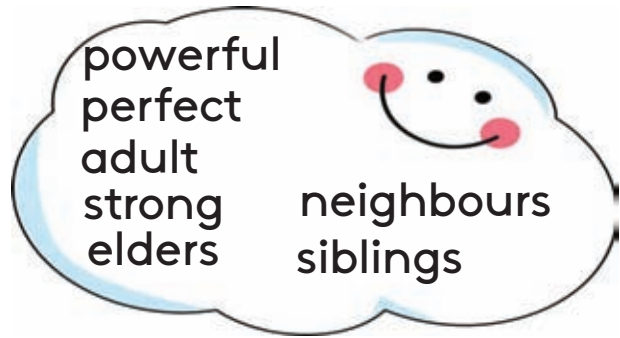




Get the students to act out the above story. Get the students to re-read the story.

Lesson 7

Read and think.



How can you make a difference in the world?

Do you have to be **STRONG** to make a difference?



Do you have to be **POWERFUL** to make a difference?



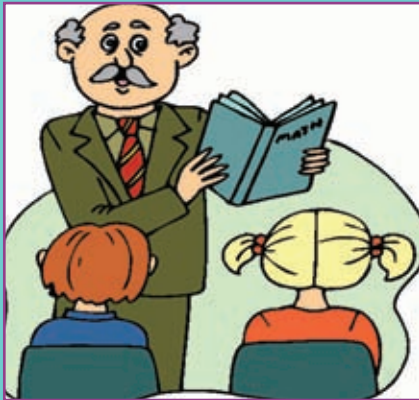
Do you have to
be **BIG** to make
a difference?



Do you have
to be **RICH**
to make a
difference?



Do you have to
be an **ADULT**
to make a
difference?



Do you have
to be **PERFECT**
to make a
difference?





You don't have to do big things to change the world



*Be a good friend.
Be kind to your
elders, siblings
and neighbours.*



*Learn to say
'thank you',
'please' and
'sorry'. Share
friendly words
with people.*





Lesson 8

Read and enjoy.

The screenshot shows a Skype chat interface. At the top, there is a status bar with various icons (Kik, Android, etc.) and the time 8:12 AM. Below the status bar is the Skype logo and navigation icons for chat, video call, and voice call. The chat history shows the following messages:

Hi! Dasun. I'm Linda here. 🌻

Dasun : Hello! Linda. Please tell me the way you go to school. 🧐

Linda: Many of us have bicycles, in Netherland. I cycle to the school every day. My mother rides my little sister to Pre School.

Dasun : Do you ride your own bicycle? 🧐

Linda : Yes, I've got a white bicycle. We come along the cycle lane. Most of my friends cycle to school.

Dasun : Nice to hear that!

Linda : We have bicycle school buses. I enjoy cycling a lot. 😊

Dasun : Please send me some photographs. I like to see them.

Linda : Sure and thanks for seeing me today.



Me and my mom



Bicycle lane



Bicycle station



Bicycle bus

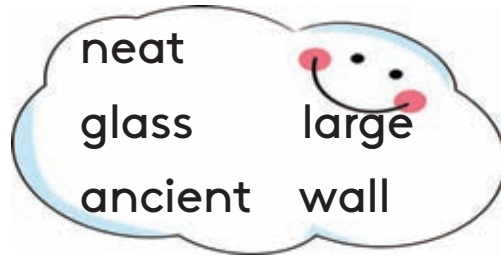


10

Our future

Lesson 1

Listen and find.



We are in the year 2050.

We have a very **neat** and clean classroom.

There are **glass** walls.

There is a **glass** board. It is a **large** computer.

We don't have books. We don't write. We have **glass** tabs. We type the notes on it.

We learn about **ancient** animals and trees with the tab.



We like to play games on the wall computers.



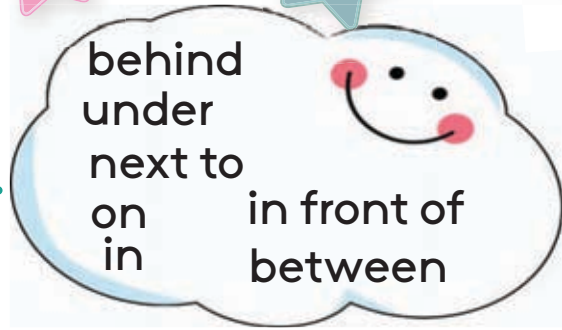
Ask the students to match the sentences with the pictures.



Lesson 2



Listen and draw.



Where is my pen? Where is my pen?

Is it **on** the table?

No!

Is it **under** the desk?

No!

Is it **in** the drawer?

No!

Where is it?

It's **behind** the curtains!

Where are my shoes? Where are my shoes?

Are they **next to** the TV?

No!

Are they **in front of** the door?

No!



Are they **between** the sofa and the chair?

No!

Where are they?

They're **on** your feet!


<https://www.eslkidstuff.com/blog/songs/where-are-my-things>



Sing the song with the children. Draw the location of the objects in the poem on the board or get a few students to draw them. Ask them to complete the worksheet given in the workbook lesson 2.

Lesson 3

Read and answer.



zero waste
exchange
competitions
sell



Leave NO waste....! Enjoy and learn to be eco-friendly



Enjoy bicycle rides!



Bring your own cup, plate and spoon!



Leave the bins empty!

- Workshops
What is **zero waste**?
- Demonstrations
How to make toothpaste / shampoo at home
- **Exchange**:- clothes, plants, stationery and any reusable material
- **Sell**:- Homemade food or garden products
- Competitions
Poster **Competition**



Say 'yes' or 'no'.

- Zero Waste is an eco-friendly festival.
- You can learn how to make toothpaste at the festival.
- You can exchange only plants.
- You can't sell homemade food.
- There are competitions.
- There would be car rides.
- You have to bring a cup from home.



Help the students to read and answer the questions. Organize a Zero Waste festival in the school. Get more ideas from the following websites.

Toothpaste
<https://www.youtube.com/watch?v=xzFuXFOqQBY>

<https://www.youtube.com/watch?v=xzFuXFOqQBY>

Shampoo
<https://www.youtube.com/watch?v=Pv5dEx8UXEs>

<https://www.youtube.com/watch?v=Pv5dEx8UXEs>

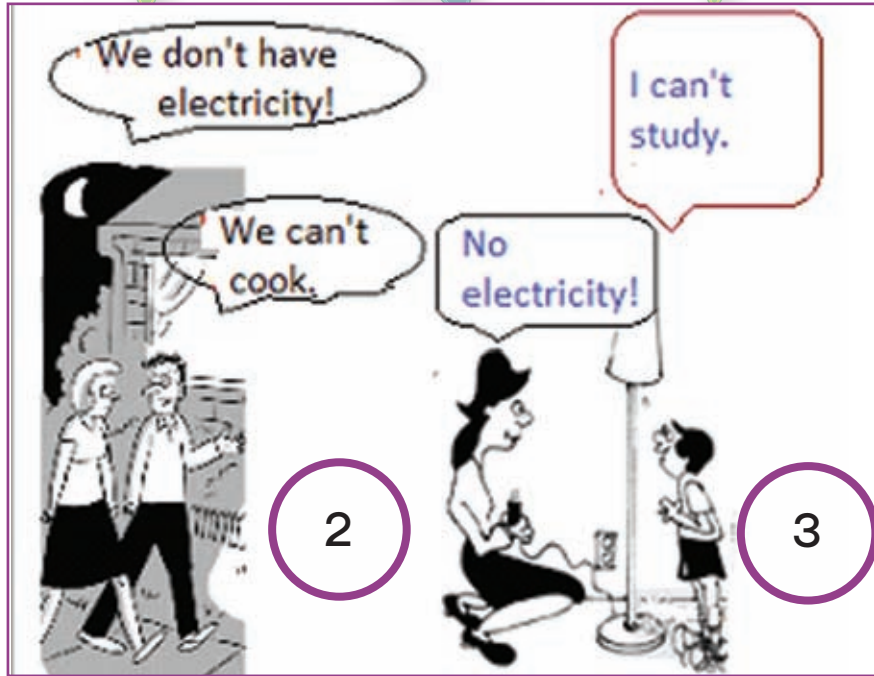


Lesson 4

Act out.

No Electricity!!!





Work with a partner. Think and say.
No water!!!





Discuss the problems we might face in the future. Let the students act out the given situations. Ask them what would happen if there is no water using the pictures given.

Lesson 5

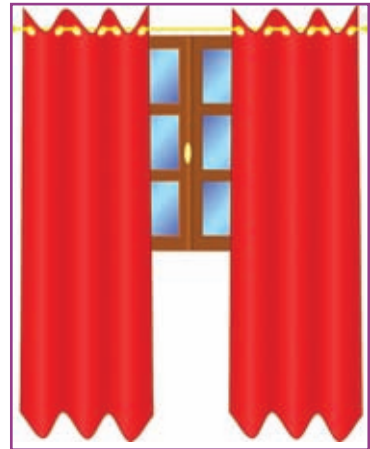
Read aloud.



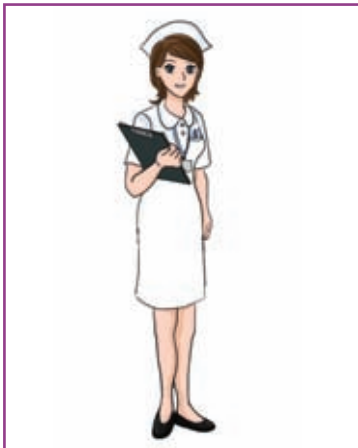
bird



church



curtain



nurse



perfume



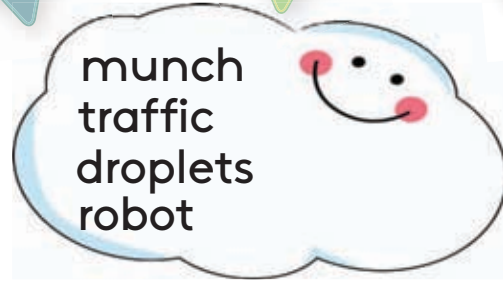
purse



Lesson 6



Read and match.



Future Fair...

By e-technology.

Plan your future today..!



10% discount for kids



- Energy droplets ready-to-eat
- Fingertip service to get medicine
- Clock to enjoy the world history
- Flying shoes to travel safe and fast
- Flying cars to avoid traffic
- Human robots to help in studies
- Machine buffaloes to work in the field
- Safe to munch waterdrops



Ask the students to match the pictures with the phrases.
Ask the students which item they like from the list and say why.

e.g. I like human robot because it helps me to study.

Lesson 7

Let's play a game.



<p>Ask your friends two questions with What...? How...?</p> <p>21</p>	<p>Act 'I'm very happy.'</p> <p>22</p>	<p>Tell five 'doing' words. open....</p> <p>23</p>	<p>Introduce yourself. I'm....</p> <p>24</p>	<p>Finish..!! You won a ticket to  the Jupiter. 25</p>
<p>What are 3Rs?</p> <p>20</p>	<p>What is the planet we live in? </p> <p>19</p>	<p>What are you doing now?</p> <p>18</p>	<p>Find the odd one. computer flower tab</p> <p>17</p>	<p>Why do we need water?</p> <p>16</p>
<p>Name three colours.</p> <p>11</p>	<p>Tell the days of the week.</p> <p>12</p>	<p>Count up to 25.</p> <p>13</p>	<p>Where is the rabbit? </p> <p>14</p>	<p>Spell the word. </p> <p>15</p>
<p>Tell your friend's name.</p> <p>10</p>	<p>Name two countries.</p> <p>9</p>	<p>Point to a thing that begins with 't'.</p> <p>8</p>	<p>Fill in the blank. Meena..... ice cream.</p> <p>7</p>	<p>Recite a poem.</p> <p>6</p>
<p>START</p> <p>1</p>	<p>Greet your friend. </p> <p>2</p>	<p>What is this? </p> <p>3</p>	<p>Name three things you like to have in the class.</p> <p>4</p>	<p>Say the word aloud. women blue you</p> <p>5</p>



Let the students work in groups of three or four. Each group should have a dice and counters. Monitor and guide them whenever needed.



Lesson 8

Let's sing and make a card.



It's time to go home.
It's time to go home.
It's time to go home.
It's time to say good bye.
I had so much fun.
And I learnt so many things.



I made so many friends.
And I say good bye.
Good bye, good bye, dear friends.
Good bye, good bye, see you again.

It's time to go home.
It's time to go home.
It's time to go home.
It's time to say good bye.
I had so much fun.
And I learnt so many things.
I made so many friends.
And I say good bye.
Good bye, good bye, dear friends.
Good bye, good bye, see you again.



Each student should have a piece of 15cm x 10 cm Bristol board and colours.

Get them to draw a picture. Ask the students to write 'Good Bye' / From... / To.....on the card. Get the students to display the card on the board.

Sing the song with the students. Finally ask the students to take their cards and give it to a friend.

Adapted from: <https://www.youtube.com/watch?v=0LDArAJf7-c>