

# 2 FACING CHALLENGES

## Activity 1

### Speaking

Look at the pictures. Work in pairs. What are the activities shown in these pictures?

A



B



C



D



E

## Activity 2

### Vocabulary

Challenge !

Copy the following phrases into your writing book.

Match the phrases with the above pictures.

Water rafting, Fall with gravity, Outdoor activity, Team activity, Adventurous, Riding on waves, Pole vaulting, Natural /artificial waves, Three major styles, Parachuting, Inflatable raft, Challenging, Need speed and flexibility, Surfboard, Popular, Skydiving, Rough water/white water, Exiting, An aircraft, Jump high up/land safely

## Activity 3

### Reading/ Writing

Read the following text and answer the questions that follow.

Water rafting is an adventurous outdoor team activity. It is done in white water or different degrees of rough water using an inflatable raft. This sport is challenging and considered to be dangerous, if the necessary safety precautions are not followed. **This** has now become a popular sport. However, it is necessary to minimize the impact of this sport on nature. There should be a “leave no trace” policy when engaging in rafting. The sportsmen should learn to dispose of waste properly, leave what they find in the wilderness, respect wild life, keep fires small etc.

There is another popular action sport called skydiving. This is also known as parachuting. Skydiving is done by jumping out of an aircraft and falling for as long as one safely can before opening the parachute. Once the sportsmen jump out of the aircraft they fall freely with the aid of gravity. The real challenge is to slow down the fall and reach the earth with the help of the parachute. This sport is practised even during the 18<sup>th</sup> century and it is said that in 1797, Andre Jacques Garnerin jumped from a hot air balloon with a parachute. **It** was the first incident of truly modern skydiving. In the military it is used as a back up safety mechanism for airmen. Many modern militaries use skydiving for troop

deployment. Wildfire fighters also parachute to reach remote sites, so that they can be on the ground quickly. At present, it is a well-known recreational sport.

Surfing is done with the help of a surfboard. This is an act of riding on a wave, especially a sea wave. This can be challenging when the waves become rough. There are three major styles of surfing. This is done in natural waves as well as in artificial waves. This sport has developed into a number of other types, including skateboarding, wakeboarding, skimboarding, and windsurfing among others. Skateboarding is popular among teenagers. This is an action sport which enables riding and performing tricks on the skateboard.

Pole vaulting is a challenging sport. In this track and field event, the sportsman uses a long, flexible pole as an aid to jump over a bar. Pole jumping competitions were known to the ancient Greeks, Cretans and Celts. The sportsman should have a speed of a sprinter, the flexibility of a gymnast, and the vertical jump of a jumper. **This** needs courage to jump up in the free air with a pole. The sportsmen need not only to jump a considerable height but also to land correctly. This has been a full medal event at the Olympic Games since 1896 for men and since 2000 for women.

A) State whether the following statements are TRUE or FALSE.

1. Water rafting is an outdoor sport. ( )
2. Skydivers do not need parachutes to land. ( )
3. Surfing is not a challenging sport. ( )
4. Surfing is done only in natural waves. ( )
5. Pole vaulting is done by both men and women. ( )

B) Answer the following questions.

1. How can water rafting be dangerous?
2. What are the environment friendly practices followed in water rafting?
3. What is skydiving?
4. For which purposes is skydiving used?
5. What are the types of surfing mentioned in the text?
6. What are the abilities a pole vaulting sportsman should have to become successful?

C) What do the following words refer to?

1. this (in paragraph 1)
2. it (in paragraph 2)
3. this (in paragraph 4)

D) Find similar words to the following from the text.

1. throw away
2. reduce
3. help

E) Copy the following grid into your writing book and place the underlined words in the above text in the correct column.

Nouns	Adjectives	Verbs	Adverbs

F) Write a subtitle for each paragraph.

G) Give a suitable title to the text.

#### Activity 4

### Writing

Work in groups. Discuss the activities shown in the pictures given below and write a description.



## Activity 5

### Act out

- Nithya** : This time we have to organize the morning assembly.  
**Kamalesh** : Really? That sounds interesting.  
**Sahas** : Yes, each class is given a chance to do it every month.  
**Sujith** : Who is going to conduct the assembly?  
**Kamalesh** : I think you can do it better, Sahas.  
**Sahas** : Me? Oh no!  
**Nithya** : Don't worry, we will help you.  
**Sahas** : Alright, I'm ready to take the challenge.

## Activity 6

### Speaking / Writing

1. What is this discussion about?
2. "I'm ready to take the challenge." What does Sahas mean by this?
3. Do you consider this to be a challenge? Why?
4. Discuss in pairs and write the programme of the assembly.

## Activity 7

### Listening / Writing

- i) Listen to the short announcements and number the events of the programme in order.

Religious observances  
School song  
Morning thought  
Song by Nithya


- ii) Kamalesh is going to deliver a speech on "Challenges make us strong."  
Write the announcement for this event and present it to the class.

## Activity 8

### Writing

Kamalesh prepared a mind map when organizing his speech. Work in groups to develop the mind map into a speech and write it in your writing book.



### REVISION POINT

#### Should and Must

e.g.: You **should** take up this challenge.  
You **must** obey the law.

**Must** is stronger in emphasis than **Should**.

### Activity 9

Complete the blanks using should / shouldn't / must / mustn't.

1. You ..... brush your teeth before you go to bed at night.
2. The children ..... play too much when they have to do homework.
3. You ..... cross the road when the traffic lights are red.
4. The parents .....allow children to do risky things.
5. You ..... always speak the truth.

### Activity 10

Describe each sign given below using 'should' / 'should not'.



## REVISION POINT

### Reported Speech

#### Present → Past

- i) Sahas said, “I’m ready to take the challenge”.  
Sahas said that he was ready to take the challenge.

#### Will → Would

- ii) Nithya said to Sahas, “We will help you.”  
Nithya told Sahas that they would help him.

### Activity 11

Write the following in reported / indirect speech.

- 1) “I’m very interested in music,” he said.
- 2) The children said, “ We will clean our classroom.”
- 3) My sister said, “ I can finish this project in two weeks.”
- 4) “You must study hard,” our teacher said to us.
- 5) Kamal said, “ I bought a new dictionary yesterday.”

### Activity 12

#### Writing

Read the following poem. Add more lines to it using the clues given.

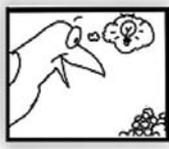
*If bees stay at home  
Rain will soon come  
If they fly away  
Fine will be the day*

If you see;  
a rainbow, some dark clouds, mist in the morning

### Activity 13

#### Writing

Re-order the following pictures. Write a sentence for each picture to build a story on your own.



## Activity 14

### Reading

Read, enjoy and answer.

#### The Challenge

*Blessed is the man, indeed,  
Who in this life can find;  
A purpose that can fill his days,  
And goals to fill his mind!*

*The world is filled with little men  
Content with here they are;  
Not knowing joys success can bring,  
No will to go that far!*

*Yet, in this world there is a need,  
For men to lead the rest  
To rise above the "average" life,  
By giving of their best!*

*Would you be one, who dares to try,  
When challenged by the task;  
To rise to heights you've never seen,  
Or is that too much to ask?*

*This is your day a world to win  
Great purpose to achieve;  
Accept the challenge of your goals  
And in yourself, believe!*

*You will be proud of what you've done,  
When at the close of day;  
You look back on your battles won,  
Content, you came this way!*

**by Dr. Heartsill Wilson**

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1. According to the poem who are “blessed men” and “little men”?
2. What type of people does this world need?
3. Write two qualities that people who lead the world should have.
4. How many stanzas are there in this poem?
5. What are the rhyming words found in the poem?
6. What is the message given in the poem?