

# Be Yourself 6



## Activity 1

### (a) Act Out

- Senuja : What are you doing?  
Menuka : I am helping Venerable Abhaya with the decorations.  
Senuja : You, alone?  
Menuka : No, Nalin will also help.  
Senuja : What's in your hand?  
Menuka : This is a Buddhist flag. I am going to put it up.  
Senuja : Good idea, can I help?  
Menuka : Yes, please.

**(b) Fill in the blanks.**

1. Senuja is helping ..... ( Venerable Abhaya/ Menuka).
2. He is helping with the .....( decorations / carrying).
3. .... (Venerable Abhaya/ Menuka ) has a Buddhist flag.
4. Senuja will help ..... ( Menuka / Nalin) to put up the flag.

**Activity 2 - Reading**

**(a) Read aloud.**



**The Buddhist Flag**

This is the Buddhist flag. The Colombo Committee designed it in 1885. There are six bands on the flag. They are *Nila* (blue), *Pitha* (yellow), *Lohita* (red), *Odata* (white) and *Mānjesta* (orange). The sixth band is a combination of the above five colours. We call it *Prabāsvara*. It represents the truth of the Buddha's teaching. These six colours represent the aura of the Buddha.

**(b) Mark true (T) or false (F).**

1. The Buddhist flag has six bands. ( )
2. The Colombo Committee designed it. ( )
3. The Committee designed it in 1985. ( )
4. The sixth band is Mānjesta. ( )
5. *Prabaswara* represents the aura of the Buddha. ( )

**(c) Read and number.**

Let's make a Buddhist flag.

What you need:

paper , colours , a stick , glue

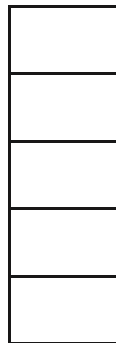
Colour the flag.

Paste it on the stick.

Take a sheet of paper.




Draw the flag.

Your flag is ready.



**(d) Read aloud.**

Let's describe nouns.

Word	A group of words
flag	A Buddhist flag 
book	A red book 
tree	A tall tree 

### Activity 3

**(a) Add words to describe the nouns.**

- star - a little star
1. bag -
  2. teacher -
  3. man -
  4. ball -
  5. car -
  6. temple -
  7. chair -
  8. apple -
  9. robe -
  10. book -

**(b) Underline the words that describe the nouns.**

- I. Venerable Samitha has a brown robe.
- II. Arun lives in the yellow house.
- III. Lisan bought some sweet candy.
- IV. I have an interesting story book.
- V. The fat cat sat on a mat.
- VI. Parrots eat small insects.
- VII. The blue water lily is a flower.
- VIII. Green leaves are good for health.
- IX. Yesterday, I met a red haired boy.

### Activity 4 - Listening

**Listen and mark  $\checkmark$  or X.**

1. The name of the train is Podimenike. ( )
2. It is on platform 3. ( )
3. It leaves for Badulla. ( )
4. It leaves at 5.55 p.m. ( )
5. It stops at Nawalapitiya. ( )

## Activity 5 - Reading

### Let's read a story.

Once there lived a woman called Sirimalee. One fine morning, she met a monk near her house. The monk was carrying an alms bowl. She invited him to the house to offer some food.

She ran to the kitchen to see if there was something to offer as lunch.

“Oh no! I have only a small piece of bread. Maybe I can offer it. I will only have some water.”

She took it to the monk and offered it.

“I am sorry, this is all I have”, she said.

“Why do you say so?” asked the monk.

“I couldn't offer you much for lunch”, said Sirimalee.

“Listen to me. You are not poor at all. You have a rich mind,” said the monk.

“You offered your lunch and decided to stay in hunger.” You are happy even though you are hungry.

So, do you understand how rich you are?”

“The real rich is those who are rich in heart”, said the monk.

### Write short answers.

1. When did she meet the monk?
2. What was the monk carrying?
3. Why did she run to the kitchen?
4. What did she offer the monk for lunch?
5. Why did the woman say, “I am so poor ”?

## Activity 6 - Writing

Let's write a similar story. Use the words given.

small puppy/ lunch / called/ hungry / morning/ why/ no / can't

Once there lived a boy ..... Dinu. One fine ..... he was walking to school.

Suddenly, he heard a cry. "Who is that?" He wondered.

"Oh .....! It's a.....Where's your mother, little one?" Dinu asked stroking the puppy's head.

The puppy looked at Dinu and cried again.

"..... are you crying?" he asked. "Maybe, he is ....."

He searched if there was something to give it.

"Oh ! I..... find anything. Wait," he said.

"I have my ..... Maybe I can give this. Instead, I will drink a packet of milk."

He took his breakfast out and fed the puppy.

## Activity 7 - Reading

Let's read this aloud.

### *Tap Tap Tap*

Tap, tap, tap goes the woodpecker  
As he pecks a hole in a tree.  
He is making a house with a window  
To peep at you and me.

## Activity 8

### Fill in the blanks.

[hollow/ red/ crest / long/ black/ insects]



### Woodpecker

The woodpecker is a bird. It is ..... , white and ..... in colour. It has a..... on its head. It eats ..... and nuts. It has a strong ..... beak. It lives in a ..... in a tree trunk.

### Read these sentences.

- (1) *I am poor.*
- (2) *You are rich.*
- (3) *The woodpecker is a bird.*

Each of these sentences have three parts:

- (1) a subject (something / someone) - S
- (2) a verb (am/ is/ are) - V
- (3) a complement (something/ some quality/ someone) - C

S	V	C
something/ someone	am/is/ are	something/ some quality/ someone)
I	am	poor
You	are	rich
The woodpecker	is	a bird

### Activity 9 - Grammar

(a) Find the subject, verb and complement of the following.

1. The chief monk is kind.
2. My robe is yellow.
3. Ants are insects.
4. Elephants are large.
5. My baby brother is small.
6. My hands are clean.
7. My mother is a teacher.
8. Supun is my best friend.
9. My friend is very clever.
10. We are Sri Lankans.

S	V	C
e.g. The chief monk	is	kind



**(b) Rewrite these sentences correctly.**

1. is / very kind / my teacher .....
2. helpful / my friend / is .....
3. are / good students / we .....
4. our temple / old / is .....
5. Rahal / smart / is .....
6. are big / mango trees / these .....
7. is / Jayana / happy .....
8. dolphins / friendly / are .....

**Activity 10**

**(a) Read this aloud.**

Look at the black cat.  
He's on his mat.  
He's happy and fat.  
    The tan cat walks by,  
    his tail held high.  
    And now the black cat is mad.  
He thinks the tan cat  
wants his mat.  
The black cat will never share.  
    It is so sad.  
    The tan cat feels bad.  
    They could have been a pair.

**(b) Write complete sentences.**

1. Where is the black cat? .....
2. What does the tan cat do? .....
3. What does the black cat think about the tan cat?.....
4. How does the tan cat feel? .....
5. Draw a picture of the two cats . .....

